PRE-ANESTHESIA INSTRUCTIONS (PEDIATRIC)

Your child has been scheduled to receive dental treatment under deep sedation/general anesthesia. The medications that will be administered to your child will allow him/her to undergo their needed dental care in a safe and comfortable manner. The following instructions must be followed. FAILURE to follow these instructions could put your child at unnecessary risk and result in cancellation of the appointment.

Eating and Drinking:

- Morning Appointment- NO food or drinks after midnight the night before the procedure.
- Afternoon Appointment- a LIGHT MEAL may be eaten up to 6 hours prior to the appointment. A few sips of CLEAR liquids (water, apple juice) may also be consumed up to 2 hours prior to the appointment. NO MILK or other dairy drinks may be consumed! Breast feeding should be stopped 6 hours prior to appointment.

Clothing:

- Please have your child in comfortable, loose fitting clothes
- Please AVOID excessive jewelry as it can interfere with the procedure
- Consider putting either a diaper or pull-up on your child prior the appointment; attempt to have your child use the restroom before the appointment as well
- Sometimes, children go to the bathroom during the procedure so please bring an extra change of clothes

Medications:

- Have your child take all regular medication as prescribed with a small sip of water
- IF any medications require being taken with food, please inform our office
- IF your child has ASTHMA or other breathing problems, please inform our office to discuss our pre-treatment regimen as it applies to your child

Sickness:

- Please contact our office as soon as possible to report any changes in general health - persistent fever, productive cough, illness, etc. Please let us know if your child has had a cold in the past 4 weeks.

Escort:

- You are requested to arrange for two adults to be with your child for discharge
- NO other children should be brought to the appointment
- NO ONE is allowed to remain in the treatment area after your child has responded to the administration of the medications.
- At least ONE adult/parent must remain at the office during the procedure

Extras:

- Bring a pillow and blanket for the ride home
- Do not change your child’s daily routine prior to the appointment- Please DO NOT have them stay up late the night before the appointment or have them eat too late
- Please make arrangements to have appropriate supervision after the appointment

If you have any questions or concerns about these instructions, please contact our office.

Signature ___________________________ Date ___________________________
Print Name ___________________________

Office Use Only:

Witness ___________________________ Date ________________
Patient Name: ______________________________________
Name of dentist performing procedure: ________________________